

**S. H. I. N. E**

some light during COVID-19



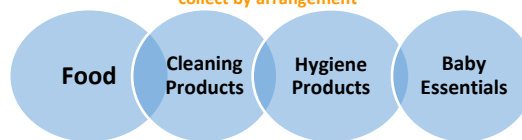
support & help in nourishing everyone---

*We are a group of volunteers who have set up to shine some light and help anyone experiencing difficulties during the COVID-19 Crisis and beyond. Although independent, we are pleased to be working as a satellite of Carlisle Food Bank*

**We serve a very wide area in and around Brampton, Cumbria.  
During this COVID-19 crisis we will deliver the essential items needed for**

**FREE**

collect by arrangement



if you are experiencing difficulties during the Covid-19 crisis

please contact us we maybe able to help

if we are unable to help we will do our best to sign post you to someone who can

telephone  
**01697927005**

text  
(please do not phone this number)  
**07723573202**

*We are all volunteers and would like more volunteers if anyone wishes to help, please use contacts above  
We are based in the community Centre, Brampton*

**Please help by donating Long life Food, Cleaning Products, Hygiene Products, baby essentials & Dog/Cat Food or donate funds BACS Information: Sort Code: 60-83-01  
Account No:20260451 ref. shine**

*A Huge **thank you** to everyone who has already donated and for grants received*