Three-Week School Lunch Menu – Autumn Term 2026

Each day we provide two daily main-course choices and a choice of puddings, which can be ordered through the school Arbor app in the meals section.

Please find below copies of the weekly menus, which include allergen codes next to each item; Supplier labels and individual pupil care plans are checked by the catering team before each service.

Allergen Key	**G = gluten/wheat, M = milk, E = egg, F = fish, S = soya, Se = sesame, Mu = mustard, C = celery, Su = sulphites**
Daily note	We have a Salad bar available every day for pupils to choose from a selection of fresh ingredients.

Week 1 – weeks commencing: 31st August, 21st September, 12th October, 2nd & 23rd November & 14th December 2026

Day	Choice 1	Choice 2	Pudding choices
Monday	Cheese pizza (optional ham) with spaghetti hoops and peas (G, M)	Plain pasta with ham or cheese and gravy or tomato sauce (G, M)	Flapjack with fruit pieces (G), fruit, or yoghurt (M)
Tuesday	Brunch Lunch: bacon, scrambled egg, beans, hash browns and toast (G, M, E)	Wrap filled with choice of ham, cheese, tuna mayo or egg mayo, served with pasta and beans (G, M, F, E)	Banana cake and custard (G, E, M), fruit, or yoghurt (M)
Wednesday	Roast chicken, Yorkshire pudding, mashed and roast potatoes, carrots, broccoli and gravy (G, E, M)	Jacket potato with choice of tuna mayo, beans, cheese, or cheese and beans (F, E, M)	Raspberry shortcake with butter cream and raspberry sauce (G, E), fruit, or yoghurt (M)
Thursday	Macaroni cheese, sweetcorn, carrots and crusty bread (G, M)	Soft roll filled with choice of ham, cheese, tuna mayo or egg mayo, served with noodles or spaghetti hoops (G, M, F, E)	Jam Swiss roll (G, E, M), fruit, or yoghurt (M)
Friday	Fish fillet with sweetcorn rice, beans and tomato ketchup (G, F)	Jacket potato filled with choice of tuna mayo, beans, cheese, or cheese and beans (F, E, M)	Pineapple muffin topped with pineapple buttercream (G, E), fruit, or yoghurt (M)

Week 2 - weeks commencing: 7th & 28th September, 19th October, 9th & 30th November 2026

Day	Choice 1	Choice 2	Pudding choices
Monday	Pepperoni or Cheese pizza, cous cous and beans (G, M)	Warm panini with ham, cheese, tuna or egg, cous cous and beans (G, M, F, E)	Ice cream and fruit, or fruit, or yoghurt (M)
Tuesday	Chicken Pie (optional pastry top), chips, sweetcorn, peas and gravy (G, E)	Jacket potato with choice of tuna mayo, beans, cheese, or cheese and beans (F, E, M)	Iced sponge cake with sprinkles (G, E), fruit, or yoghurt (M)
Wednesday	Toad in the hole (sausage and Yorkshire pudding), mashed potatoes, carrots, broccoli and gravy (G, E, M, Su)	Wrap filled with choice of ham, cheese, tuna mayo or egg mayo, served with pasta and beans (G, M, F, E)	Apple crumble and custard (G, M), fruit, or yoghurt (M)
Thursday	Spaghetti Bolognese, carrots, peas and crusty bread (G)	Plain pasta with ham or cheese, gravy and garlic bread (G, M)	Chocolate crunch biscuit (G), fruit, or yoghurt (M)
Friday	Pork and apple burger in a bap, kitchen made wedges and spaghetti hoops (G, Su)	Soft roll filled with choice of ham, cheese, tuna mayo or egg mayo, served with pasta or spaghetti hoops (G, F, E)	Sticky toffee sponge and custard (G, E, M), fruit, or yoghurt (M)

Week 3 - weeks commencing: 14th September, 5th October, 16th November 2026 & 7th December 2026

Day	Choice 1	Choice 2	Pudding choices
Monday	Tomato soup and bacon roll (G, M) 	Jacket potato with choice of tuna mayo, beans, cheese, or cheese and beans (F, E, M) 	Chocolate shortbread (G), fruit, or yoghurt (M)
Tuesday	Kitchen made chicken goujon in a wrap, roasted mixed peppers, sweetcorn and cous cous or rice (G, E) 	Wrap filled with choice of ham, cheese, tuna mayo or egg mayo, served with pasta and beans (G, M, F, E) 	Iced carrot cake with sprinkles(G, E), fruit, or yoghurt (M)
Wednesday	Roast Ham, Yorkshire pudding, roast and mashed potatoes, carrots, peas and gravy (G, E, M) 	Soft roll filled with choice of ham, cheese, tuna mayo or egg mayo, served with noodles or beans (G, M, F, E) 	Banana pancakes with toffee sauce (G, E, M), fruit, or yoghurt (M)
Thursday	Kitchen made meatballs, rice, sweetcorn, carrots and crusty bread (G) 	Plain pasta with ham or cheese and gravy (G, M) 	Coconut sponge (G, E), fruit, or yoghurt (M)
Friday	Fishcake, chips and peas or beans (F, G) 	Warm panini with ham, cheese, tuna or egg and beans (G, M, F, E) 	Pears and chocolate sauce (M), fruit, or yoghurt (M)